Plan Ahead:
From K Award to Interview

Bio/Neuro Postdoc Workshop
Nov 13th, 2018
My Own Timeline

• **2013-14:** K award
  - Feb 2013: K99 submission
  - June 2013: K99 review
  - Oct 2013: Council meeting
  - July 2014: K99 reward

• **2014-15:** Application/Interview
  - Nov – Dec 2014: Phone/Skype interviews
  - Jan – Apr 2015: On-site interviews
  - Apr 2015: Second interviews

• **2015/16** onward: Join FSU/R00 award
Research Training and Career Development Timeframe

Research Awards

- Small Grant (R03)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)
- AREA Grant (R15)
- Exploratory/Development Grant (R21)
- Research Project Grant (R01)

‘Formal’ Training/Career Awards

- Pre-Bac Institutional Training Grant (T34)
- Predoctoral Institutional Training Grant (T32)
- Predoctoral Individual NRSA (F31)
- Predoctoral Individual MD/PhD NRSA (F30)
- Postdoctoral Institutional Training Grant (T32)
- Postdoctoral Individual NRSA (F32)
- NIH Pathway to Independence (PI) Award (K99/R00)
- Mentored Research Scientist Development Award (K01)
- Mentored Clinical Scientist Development Award (K08)
- Mentored Patient-Oriented RCDA (K23)
- Mentored Quantitative RCDA (K25)
- Institutional Mentored Clinical Scientist Award (K12)
- Midcareer Investigator Award in Patient-Oriented Research (K24)
- Senior Scientist Award (K05)
Pathway to Independence (PI) Award (K99/R00)

• Good
  • Two phases: K99 (1-2 yrs) for postdoctoral research; R00 (2-3 yrs) for independent research
  • No citizenship required

• Eligibility
  • Less than 4 years in postdoctoral training
  • Not a PI on NIH research grants/career development awards
Pre-submission Planning Timeline

PLANNING

- 8 months prior:
  - Assess yourself, field, & resources
  - Brainstorm; research idea; call NIH staff

- 7 months prior:
  - Set up own review committee; determine human & animal subject requirements

- 6 months prior:
  - Outline application structure; write your application

WRITING

- 5 months prior:
  - Get feedback; edit & proofread

- 4 months prior:
  - Meet institutional deadlines

- 3 months prior:
  - Receipt Date

SUBMITTING

- 2 months prior:
  - NIH Workshop, May 2017
Contents of the Application

PHS398 Career Development Award Supplemental Form

• Candidate
  • Background
  • Goals and Objectives
  • Plan for Career Development/Training Activities

• Research Plan
  • Specific Aims
  • Research Strategy

• Mentor, Co-Mentor, Consultant, Collaborators
  • Mentor statements
  • Letters from collaborators
  • Environment and Institutional Commitment
  • Reference letters (3)
A few more things …

• Format!
  • Font, size, margin, …

• Internal deadline
  • Three business day at FSU

• Compliance & Budgets
  • Sponsored Research Office may help

• Which IC?
Find Openings

• **Websites**
  • Science Careers ([https://jobs.sciencecareers.org](https://jobs.sciencecareers.org)), Cell, Nature, etc
  • AcademicJobsOnline.org
  • Meetings & conferences, association, society, mailing lists, etc
  • Personal network

• **Time of the Year**
  • Late May – Dec (most job ads are posted in Sept/Oct)

• **Documents Required**
  • CV/resume
  • Research accomplishments
  • Future plans
  • Reference letters (3)

• **Useful Websites**
  • Interfolio
Phone/Skype Interviews

• Nov/Dec

• Preliminary Screening
  • 20-30 min
  • Introduction of the department
  • Gauge candidate interests

• Follow up
On-site Interviews

• Three-day event

• Research Seminar

• Chalk Talk

• Meeting, meeting, meeting, …
  • Future colleagues
  • Chair/Dean
  • Facilities tours